



How to Prepare for Surgery

Be sure to report any of the following:

1. Medication allergies, including anesthetics/numbing agents
2. History of cold sore/fever blisters or appearance of one prior to surgery

Things to Know Prior to Surgery

- **Do not stop blood thinners unless directed by a physician.**
- If you are on Coumadin/Warfarin, please have an INR drawn 3-5 days prior to surgery and have results faxed to our office.
- Please stop or limit smoking as much as possible before surgery and until suture removal.
- Please avoid alcohol 2 days before and 2 days after surgery.
- Please keep blood sugar under good control.
- Arrange a driver if your surgery will be near eyes, or on hands or feet.

On The Morning of Surgery

- Shower with antibacterial soap (e.g. Dial soap, Safeguard, or Dove antibacterial)
- Shampoo hair with your usual shampoo
- Use a clean towel after shower
- Do not apply lotion, perfume, or makeup. Deodorant is ok.
- Eat breakfast unless directed to fast by another physician
- Take all your regular medications
- Pack lunch if desired

Items you will need at home

- Germ-X or comparable hand sanitizer to clean hands before changing bandage.
- Vaseline ointment or Aquaphor ointment (generic is OK). Please buy a new container- do not reuse.
- Band-aids (regular and oversized)
- Extra strength Tylenol (acetaminophen) and ibuprofen, if able to take, for pain.

Be aware that you may be in the office for 2-8 hours for a mohs surgery. Snacks and drinks are available in the waiting areas. We can provide refrigeration for a lunch if requested.