

*First Capitol Dermatology-Henry W. Clever, M.D.*

**WHEN YOU COME FOR YOUR SURGERY**  
**Pre-op instructions**

Be sure to report any of the following:

- 1) Medication allergies, including anesthetics/numbing agents
- 2) History of cold sore/fever blisters or appearance of one prior to surgery

No aspirin or over the counter pain relieving medications, except Tylenol (acetaminophen), one week prior to surgery and until sutures are removed. If the aspirin is under direction of your physician, check with him/her before stopping.

**Do not stop Plavix or Coumadin/Warfarin unless directed by your physician.**

If you are on Coumadin/Warfarin, please have an INR drawn 3-5 days prior to surgery and have results faxed here (see request form).

In order to prevent delayed healing and postoperative infection, keep blood sugar under good control starting now and for a few weeks after surgery. Visit your medical physician if necessary.

No smoking 1 day before surgery and until sutures removed.

Please avoid alcohol 2 days before and 2 days after surgery.

If your surgery will be near the eyes, on the hand or feet, please bring a driver with you or have someone available that you can call in the event you are unable to drive home.

The morning of your surgery, eat your normal breakfast and take all of your regular medications (no aspirin as stated above). Be aware that you may be in the office for 2-8 hours. Snacks and drinks are available in the waiting areas; if you bring lunch, please let us know if we can refrigerate it for you.

It is mandatory that you shower with Prescrub that was provided to you by our office as instructed on the attached sheet. Failure to do so may result in cancellation of your surgery.

**Items you will need:**

Germ-X or comparable hand sanitizer to clean hands before changing bandage after surgery

Vaseline ointment or Polysporin ointment (generic is OK). Please buy new container-do not reuse.

Band-aids (regular and oversize)

Extra strength Tylenol (acetaminophen) for post-operative discomfort, no aspirin or ibuprofen